

# RSDP The Student Foodie newsletter - Fall 2015

## Foodie Happenings & Events - UMN Campuses

### A Flurry of Activity at UMC Pedersen Garden Summer 2015

By Karen Lanthier



Interns Casey Cashman and Mary Riesterberg prep a raised bed at the UMN Crookston Pedersen Garden. (Photo: Dan Svedarsky)

Great changes were underfoot at the UMN Crookston this summer. Two 20x5x2' grow boxes were constructed at the Pedersen Garden and filled with sandy loam soil to provide a better growing space for carrots than Crookston's abundant clay soil. Casey Cashman and Mary Riesterberg were student interns on the project. They worked to prep the garden site, lay mulch strips, install irrigation systems, and more. They also had a chance to help former Extension educator Terry Nennich with his [fruit and vegetable farm](#) for additional experience. Nennich [helped bring high tunnel usage to MN](#) as a way to extend the short growing season.

---

## Do you live to garden? UMN Morris students do!

By Karen Lanthier

Minnesota Greencorps member Faith Bradley worked with students all summer in a program called Live to Garden. The [West Central Research and Outreach Center](#) helped them tend to 300 row-feet of potatoes, carrots and onions destined for UMM's Dining Services. Live to Garden students were able to stay for free in campus housing in exchange for 10 hours per week working in gardens and on community service projects.

---

# Get Geared-up for Food Day 2015! (UMN TC)

By Karen Lanthier



A student poses with her interpretation of "Good Food" for Food Day 2014.

It's time for the 5th Annual Food Day celebration at the UMN TC campus on Monday, October 26, 2015, 10am-2pm in the Great Hall of the Coffman Memorial Student Union. Organized by UMN students with support from the [Healthy Foods, Healthy Lives Institute](#), Food Day is a day to make diet resolutions and take action to solve food-related issues at the local, state, and national level. Check out a [real-food](#) style exhibition hall featuring student, university and community groups. Don't miss out on cooking demonstrations, prize raffles and tasting sessions.

---

## RSDP in Action

### A Foodie Service Announcement: Planning and Zoning Matter!

By Karen Lanthier



Zoning may be the last thing that comes to some minds when thinking about growing food, but it can be a big deal. Communities can support small scale farms and protect their land from less-desired development practices through how they design planning and zoning ordinances. Central [RSDP](#) and their project partners ([SPROUT MN](#), [Region Five Development Commission](#), and [UMN Community Assistantship Program](#))

[examined how zoning is affecting rural small farmers](#) and summarized successful planning and zoning changes from around the country.

---

## Students undertake Sustainable Development Projects (UMD)

By Karen Lanthier

The [Northeast RSDP](#), [UMD College of Liberal Arts](#), and the Center for Urban and Regional Affairs ([CURA](#)) partner together to give students the chance to work closely with NE Minnesota communities through the Sustainable Development Research Opportunity Program ([SDROP](#)). Check out this [video of students at work](#) through the program!

---

## Food Happenings beyond Campus

### Minnesota Young Food Professionals

By Karen Lanthier



There are so many ways to get involved in food-related work both on and off campus. One group trying to bring people of many food interests and backgrounds together is Minnesota Young Food Professionals (MNYFP). According to their [Facebook page](#), "MNYFP is a group of young change-makers creating relationships for a better food system." The group meets monthly to connect, and different meetings have involved inviting guest speakers to share their food stories, touring a hop farm, inviting expert speakers to share information on trending food topics, and more. The group also shares food-related events and job postings by local organizations at meetings and on their page.